



Respite Care Training Program Description

The CISS Respite Care Training Program is a job training program for people who have limited or no experience providing support to individuals with disabilities. Our Level One training program offers free in-person and online classes that are open to the public. Those who successfully complete the training and wish to be considered for employment as a Respite Caregiver at CISS, may be invited to Level Two and matched with a Respite Caregiver Mentor for on-the-job training in a family's home.

The goal of the Level Two program is to educate and provide opportunities for the Paid Trainees to observe, and be coached by, CISS Respite Caregiver Mentors. Mentors will provide close supervision of trainees as they interact with the individuals in the home. The Trainees must schedule their in-home training hours directly with their assigned Mentors. Trainees are expected to shadow their Mentors (with one or more families) for at least 10 hours in total to complete the program. Trainees may not provide respite care without their Mentor present.

At the completion of the program, trainees should have a greater understanding of developmental disabilities and respite care best practices. Those who successfully complete the full program with a recommendation from the Training Manager and Mentor(s) are then invited to interview for the position of Respite Caregiver with our organization. Employment at the end of the training program is not guaranteed. All training is for the benefit of the trainee who may leave the training program at any time.

Level One:

Pre-Requisite: At least age 17 (with a work permit if in high school)

Hours: At least 8 hours of training in a classroom or online.

Cost: Free to those admitted to the program.

Wage: None.

Level Two:

Pre-Requisite: Completion of Level One within the last six months, reliable transportation (preferably a CA Driver's License), interest in future employment at CISS, clean background check, and eligible to work in the U.S.

Hours: At least 10 hours of on-the-job training with a Mentor in the home of an authorized family receiving CISS respite services.

Cost: None.

Wage: Minimum wage rate in California for on-the-job training with a Mentor.

Trainee responsibilities:

- Actively participate in training sessions
- Demonstrate professionalism in classes and on-the-job training
- Maintain confidentiality
- Timely and professional direct communication with CISS staff

To apply: <https://www.islandsocialservices.org/> → “Applicants” → “Respite Care Training Program”