



Caregiver Resource Guide: May 3 - May 16, 2012

Created Just for You, Our Dedicated Respite Caregivers!

(805) 384-0983 www.IslandSocialServices.org



This Activity Guide is organized by geographical area to make it easier to select things to do that are close to the homes of the families receiving respite care. Feel free to share this information with the families too! The guide is best viewed electronically on the Caregivers page of our website for easy access to hyperlinks.

Featured Resources

The websites below are great online resources: Both websites are worth checking out!

<p style="text-align: center;">Area Board 9- California State Council on Developmental Disabilities</p> <p>Serving the consumers of San Luis Obispo, Santa Barbara and Ventura Counties to ensure that people with developmental disabilities and their families receive the services and supports they need.</p> <p style="text-align: center;">www.scdd.ca.gov 805-648-0220</p>	<p style="text-align: center;">Conejo Recreation and Park District Therapeutic Recreation Unit</p> <p>Providing year round recreation, sport and leisure for children and adults who have difficulty participating in recreation due to the presence of a disability.</p> <p style="text-align: center;">www.crd.org 805-381-2739</p>
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Featured Sensory Activity



Pasta Heart Plate for Mom: What you'll need: Colorful disposable plate, White craft glue, dried macaroni noodles, Yellow and green split peas.

How to make it: Use white craft glue to draw a heart shape on the plate. Place macaroni shapes onto the white craft glue heart. Use white craft glue to write "mom" in the center of the heart. Place flat side of split peas onto the craft glue, using yellow peas for both letter "m's" and green for the "o." Let dry completely. **Tips:** For younger children, use dried beans instead of peas, as they are larger and easier to grasp. Check the party aisle of your grocer or [discount](#) department store for colorful disposable plates. You can paint a plain paper plate instead of using a coated plate.

For more crafts, games activities and printable coloring pages go to: www.kaboose.com



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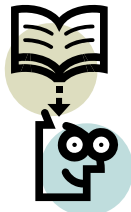







West Ventura Activities

(Ventura, Ojai, Santa Paula, Fillmore, Piru)

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Date		Recommended Ages	Key / Tips
5/3-5/6	<p>Annual Ojai Storytelling Festival Friday, May 4, 2012/Libbey Bowl, Ojai, CA (map). The Topa Topa peaks tower in the distance. Fragrant orange blossoms fill the air. A canopy of majestic oaks reaches overhead. Downtown Ojai welcomes visitors to its charming shops, galleries and cafes. The setting for the 13th Annual Ojai Storytelling Festival May 3rd through 6th offers captivating performances for all ages and is truly magical. This year's tellers include emcee Jim Cogan, Bill Harley, Kevin Kling and numerous others. Prior to the opening of the festival, tickets can be purchased by mail, by phone, or online. See schedule and tickets. Please, no pets permitted. No smoking, of course. The performances are geared for a mixed audience. Children are welcome, but they should be at least 6 years old. All children regardless of age must have a ticket.</p>	Ages 6 + 	 Bring your chairs, bring your picnic and wear your sunscreen.
5/5 & 5/12	<p>Free Kids' Crafts at Lakeshore Learning Sat, May 5, 11am – 3pm/4705 Telephone Road, Ventura, CA (map) Free crafts for kids ages 3 and up. 5/5: Thank You Bouquet Card 5/12: Handprint Keepsake. For more information call 805-289-1550.</p>	Ages 3+ 	 Make something FREE for your mom!
5/12	<p>Family Festival in the Park and Kids Swap Meet in Ventura Sat, May 12, 9am – 5pm/Barranca Vista Park, 7050 E. Ralston Street, Ventura, CA (map). Three big events in one great day for the whole family including the 7th Annual Kids Swap Meet (9am to 1pm) the season opener of Fairy Tales in the Park and free Barranca Vista Creative Center performances of dance, theater, music and hands-on arts activities, refreshments and exhibits for the whole family. The festival from noon-4pm showcases the many artists teaching at the Barranca, entertainment includes dance, theatre and music performances, plus health and wellness demonstrations. Hands-on booths feature art, music and play for children and adults. Admission to the full day of activities is FREE. Call 805-658-4726 for info. Or for the swap meet, call 805.654.7552</p>	ALL 	 Bring some cash and find some cool treasures!

Activity Key:

 Ongoing Activity	 Indoor Activity	 Wheelchair / Stroller Accessible Location	 Sensory-Friendly Activity
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Central Ventura County Activities

(Camarillo, Oxnard, Port Hueneme)

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	Description	Recommended Ages	Key / Tips
5/5	<p>Karaoke for Teens at Camarillo Public Library Sat, May 5, 2pm – 4pm/4101 Las Posas Road Camarillo, CA 93010 (map). Join in the singing fun with an afternoon of Karaoke! All teens from 12-18 are welcome to choose from our huge list of songs. Snacks will be provided. Community Room. Phone: 805-388-5222</p>	<p>Ages 12-18</p> 	 <p>Come get your groove on and share your talents! Many of the kids have amazing singing voices and love to perform</p>
5/5	<p>Fairy Tales in the Park at Valle Lindo Park-Peter Pan Sat, May 5, 11:30am- 889 Aileen St. Program is a series of free, live theatrical performances geared toward children ages 3 to 10 throughout the county. The troupe's goal is to create an environment where families can introduce live theatre to their children in a casual setting at the right price – free! Most venues do not have shade, so sunscreen and hats are appropriate. Bring water, juice, snacks, and picnic. Blankets and low-slung chairs are recommended. Shows run approximately 45 minutes.</p>	<p>Ages 3-10</p> 	 <p>Bring your picnic lunch and sunscreen!</p>
5/12	<p>7th Annual Channel Islands Harbor Safe Boating Expo Sat, May 12, 9am – 4pm/4201 S. Victoria Avenue, Oxnard. (map). Located at the US Coast Guard Station. An Offshore helicopter, person in water and fire rescue demos* - Free rides and tours of USCG vessels* - Safety demonstrations including fire extinguisher, flares, life jackets and more - Agency booths and displays. Learning to be safe on the water is the focus of the 7th Annual Channel Islands Harbor Safe Boating Expo. The event includes safety demonstrations on personal flotation devices, as well as air, sea and fire rescue demonstrations. Other highlights include tours and safety products on display. Free event.</p>	<p>ALL</p> 	 <p>A fun day for all the boat lovers. Don't forget your sunscreen and some cash for drinks and snacks!</p>

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East Ventura County Activities

(Thousand Oaks, Westlake, Simi Valley, Moorpark, Oak Park)

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Date	Description	Ages	Key / Tips
5/3-5/6	<p>56th Annual Conejo Valley Days in Thousand Oaks Fri, May 3 – May 6th /Conejo Creek Park South, Thousand Oaks, CA (map) The four-day event features entertainment for kids, teens and the whole family including motocross freestyle exhibitions, carnival rides, concerts, live djs, games, a western themed Main Street and a food court. Motocross exhibitions and live entertainment are included with general admission. For info call 805-498-0624. Festival Hours: Thursday, May 3, 5 p.m. - 10 p.m. Friday, May 4 - 5 p.m. to midnight Saturday, May 5 - noon to midnight Sunday, May 6 - noon to 6 p.m. May 4 - 6: Motorcycle Extreme Jumping Exhibition - Three Shows Daily Featuring Jessie Jolson.</p>	ALL 	  Be sure to wear sunscreen and bring some cash.
5/12	<p>FunTastic Family Magic Show in Simi Valley _Sat, May 12, 11:00am – 12:30pm/3050 Los Angeles Avenue, Simi Valley 93065 (map).Master Magician Jersey Jim will pick a child from the audience to levitate in midair on the stage of the Simi Valley Cultural Arts Theater! This will be performed during Jim’s 90 minute, “Funtastic Family Magic Show,” featuring his blend of hilarious comedy, grand illusion, and audience participation. Two matinees will be presented at 11:00 A.M. and 2:00 P.M. Tickets are \$10 adults, \$8 children 12 and under. All the children will be able to help “make the magic happen.” And every child will also receive a FREE magic trick when they meet the magician and his live rabbit after the shows. Tickets are available online or by calling: 805-583-7900.</p>	ALL 	  Bring a picnic snack and sunscreen.
5/12	<p>Simi Valley Street Fair Sat, May 12, 9am – 5pm/Cochran Street between Galena and Sequoia, Simi Valley, CA (map).Features kids corner, emergency preparedness expo, over 300 booths selling arts, crafts, food and other items and other activities. Fair will take place on Cochran Street, between Galena and Sequoia. Call 805-526-3900 for more information. FREE admission! We’ve stopped by this event and there’s a lot of people and things to see. Check it out!</p>	ALL 	  Bring some cash and wear your sunscreen.

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